



Psychedelic Medicine: A New Paradigm in Mental Health

October 25 & 26, 2024 | Virtual, Zoom

PRELIMINARY PROGRAM AGENDA

Day 1: Friday, October 25th, 2024 | Zoom | Eastern Daylight Time (EDT)
Psychedelic Psychotherapy: History, Clinical Approach and the Evidence

The first day of the conference will feature a variety of Canadian and International experts in the emerging field of psychedelic-assisted psychotherapy. Together we will explore the history of the field, how the therapy is delivered and the current evidence base including risks and benefits, and pathways toward legalization for medical use.

This interactive conference will include ample time for questions and answers and includes breakout rooms to meet fellow attendees to digest the material together.

TIME (EDT)	SESSION DETAILS
09:00 – 09:10 am <i>(10 minutes)</i>	WELCOME REMARKS
09:10 – 09:20 am <i>(10 minutes)</i>	BREAKOUT DISCUSSION
09:20 – 10:00 am <i>(40 minutes)</i>	THE PSYCHEDELIC RENAISSANCE IN 2024: FROM THEN UNTIL NOW Dr. Emma Hapke
10:00 – 10:15 am <i>(15 minutes)</i>	QUESTION & ANSWER Dr. Emma Hapke
10:15 – 10:30 am	BREAK
10:30 – 11:15 am <i>(45 minutes)</i>	AN APPROACH TO PSYCHEDELIC THERAPY: SCREENING, PREPARATION, DOSING AND INTEGRATION Dr. Emma Hapke
11:15 – 12:00 pm <i>(45 minutes)</i>	WISDOM FROM THE FRONT LINES: INTERVIEW WITH EXPERIENCED PSYCHEDELIC GUIDE Mary Cosimano
12:00 – 12:15 pm <i>(15 minutes)</i>	BREAKOUT DISCUSSION
12:15 – 12:30 pm <i>(15 minutes)</i>	QUESTION & ANSWER Dr. Emma Hapke and Mary Cosimano

12:30 – 01:15 pm	LUNCH
01:15 – 01:50 pm <i>(35 minutes)</i>	MDMA-ASSISTED THERAPY FOR PTSD AND BEYOND: CURRENT EVIDENCE AND APPLICATIONS Dr. Anne Wagner
01:50 – 02:00 pm <i>(10 minutes)</i>	QUESTION & ANSWER Dr. Anne Wagner
02:00 – 02:45 pm <i>(45 minutes)</i>	PSILOCYBIN THERAPY FOR END-OF-LIFE DISTRESS AND DEPRESSION: FROM EVIDENCE TO MECHANISM OF ACTION Dr. Daniel Rosenbaum
02:45 – 03:00 pm	BREAK
03:00 – 03:30 pm <i>(30 minutes)</i>	PSYCHEDELIC THERAPY FOR SUBSTANCE USE DISORDERS Dr. Monique Moller
03:30 – 03:45 pm <i>(15 minutes)</i>	BREAKOUT DISCUSSION
03:45 – 04:00 pm <i>(15 minutes)</i>	QUESTION & ANSWER Dr. Daniel Rosenbaum and Dr. Monique Moller
04:00 – 04:30 pm <i>(30 minutes)</i>	PSYCHEDELICS AND THE CANADIAN LEGAL LANDSCAPE: WHERE DO WE GO FROM HERE? John Gilchrist
04:30 – 04:45 pm <i>(15 minutes)</i>	QUESTION & ANSWER John Gilchrist
04:45 pm	CLOSE OF DAY 1

Day 2: Saturday, October 26th, 2026 | Zoom | Eastern Daylight Time (EDT)

Integration: From Individual Healing to Collective Well-being

The second day of the conference will dive deep into the topic of integration, learning what can happen after people take psychedelics and how to best support them. We will explore the neuroscience of the integration period in the brain and learn why support during this period is critical. We will then explore integration in groups, how to build resilient communities and how the field is grappling with honouring the Indigenous roots of psychedelic medicine.

The interactive nature of the conference will continue with extended question and answer periods and breakout rooms for smaller group discussions.

TIME (EDT)	SESSION DETAILS
09:00 – 09:15 am <i>(15 minutes)</i>	WELCOME REMARKS
09:15 – 10:45 am <i>(90 minutes)</i>	INTEGRATION: CHALLENGING EXPERIENCES AND SUPPORTIVE TECHNIQUES Dr. Marc Aixala
10:45 – 11:00 am <i>(15 minutes)</i>	BREAKOUT DISCUSSION
11:00 – 11:15 am <i>(15 minutes)</i>	QUESTION & ANSWER Dr. Marc Aixala
11:15 – 11:45 am <i>(30 minutes)</i>	HOW PSYCHEDELICS AFFECT THE BRAIN Dr. Manesh Girn
11:45 – 12:00 am <i>(15 minutes)</i>	QUESTION & ANSWER Dr. Manesh Girn
12:00 – 01:00 pm	LUNCH
01:00 – 01:45 pm <i>(45 minutes)</i>	BUILDING RESILIENT PSYCHEDELIC COMMUNITIES AND PRACTITIONERS: AN INTERVIEW WITH SHANNON DAMES An Interview with Shannon Dames
01:45 – 02:00 pm <i>(15 minutes)</i>	QUESTION & ANSWER Shannon Dames
02:00 – 02:45 pm <i>(45 minutes)</i>	PATIENT AND PROVIDER PERSPECTIVES ON THE SPECIAL ACCESS PROGRAM IN CANADA: A PANEL DISCUSSION Andrea Harris, Prachi Soneji, Sabrina Akhtar, and Shawna Alvis
02:45 – 03:00 pm <i>(15 minutes)</i>	BREAKOUT DISCUSSION

03:00 – 03:15 pm QUESTION & ANSWER
(15 minutes) Special Access Program Panelists
Andrea Harris, Prachi Soneji, Sabrina Akhtar, and Shawna Alvis

03:15 – 03:30 pm BREAK

03:30 – 04:15 pm INDIGENOUS PERSPECTIVES ON PSYCHEDELICS AS MEDICINE: A PANEL DISCUSSION
(45 minutes) Kim Haxton, Brian Rush, and Francine Douglas

04:15 – 04:30 pm QUESTION & ANSWER
(15 minutes) Indigenous Perspectives Panelists
Kim Haxton, Brian Rush, and Francine Douglas

04:30 – 04:45 pm CLOSING REMARKS
(15 minutes)
